

| DATE | CORSI PRECOREOGRAFATI Life | LEZIONI MUSICALI | FITNESS E BODY BUILDING PERSONAL TRAINER | MEDICAL FITNESS E POSTURALE | PILATES | METABOLIC FITNESS OLISTIC WORKOUT | GYM BAR WORKOUT |
|-----------------|--|---------------------------------------|---|-------------------------------------|----------------------------------|--------------------------------------|----------------------|
| FEBBRAIO | | | | | | | |
| 4 | | SAMBAFIT (PE) | FITNESS BASE 1 (MI+BO) | POSTURALE 1 (RM) | | | |
| 5 | | SAMBAFIT (PE) | FITNESS BASE 1 (MI+BO) | POSTURALE 2 (RM) | | | |
| 11 | | AEROBICA 1 (RM+MI) | FITNESS BASE 1 (MI+BO) | POSTURALE 3 (RM) | | | |
| 12 | | AEROBICA 1 (RM+MI) | FITNESS BASE 1 (MI+BO) | POSTURALE 4 (RM) | | | |
| 18 | | STEP 1 (RM+MI) | FITNESS BASE 1 (RM) | | | | |
| 19 | | STEP 2 (RM+MI) | FITNESS BASE 1 (RM) | | | | |
| 25 | LIFE PUMP-COMBAT-YOGA AND PILATES-DANCE (NA) | | FITNESS BASE 1 (RM) | | | | |
| 25 | LIFE PUMP-COMBAT (GE) | | FITNESS BASE 1 (PE) | | INTRO (RM+MI) | | |
| 26 | LIFE PUMP-COMBAT-YOGA AND PILATES-DANCE (RM) | | FITNESS BASE 1 (RM) | | INTRO (RM+MI) | | |
| 26 | LIFE PUMP-COMBAT-YOGA AND PILATES-DANCE (MI) | | FITNESS BASE 1 (PE) | | | | |
| MARZO | | | | | | | |
| 3 | | TONIFICAZIONE 1 (RM) + SAMBAFIT (PE) | FITNESS BASE 1 (PE) | POSTURALE 1 (MI) | MAT 1 (RM+MI) | | |
| 4 | LIFE PUMP (PE) | TONIFICAZIONE 2 (RM) + SAMBAFIT (PE) | FITNESS BASE 1 (PE) | POSTURALE 2 (MI) | MAT 1 (RM+MI) | | |
| 10 | | TONIFICAZIONE 1 (MI) | | POSTURALE 3 (MI) + POSTURALE 1 (SI) | | | |
| 11 | | TONIFICAZIONE 2 (MI) + SPIN (RM) | | POSTURALE 4 (MI) + POSTURALE 2 (SI) | | | |
| 12 | | | | | | | |
| 17 | | | PERSONAL TRAINER 1 (RM) | | MAT 2 (RM+MI) | | |
| 18 | | SPIN (MI) + POWER BURNER WORKOUT (RM) | PERSONAL TRAINER 2 (RM) | | MAT 2 (RM+MI) | | |
| 24 | | | PERSONAL TRAINER 1 (MI+BO) | | | | |
| 24 | | | PERSONAL TRAINER 3 (RM) | POSTURALE 3 (SI) | | | |
| 25 | | | PERSONAL TRAINER 4 (RM) | POSTURALE 4 (SI) | | | |
| 25 | | | PERSONAL TRAINER 2 (MI+BO) | | | | |
| 31 | | SAMBAFIT (RM) | | | PILATES PICCOLI ATTREZZI (RM+MI) | | |
| APRILE | | | | | | | |
| 1 | | SAMBAFIT (RM) | PERSONAL TRAINER 3 (MI+BO) | | PILATES PICCOLI ATTREZZI (RM+MI) | METABOLIC FITNESS (RM) | |
| 2 | | | PERSONAL TRAINER 4 (MI+BO) | | | METABOLIC FITNESS (RM) | |
| 14 | | | | MEDICAL FITNESS 1 (RM) | | METABOLIC FITNESS (RM) | |
| 15 | | | | MEDICAL FITNESS 2 (RM) | | METABOLIC FITNESS (RM) | |
| 21 | | | | MEDICAL FITNESS 1 (MI) | | METABOLIC FITNESS (MI+BO) | |
| 22 | | POWER BURNER WORKOUT (MI) | | MEDICAL FITNESS 2 (MI) | | METABOLIC FITNESS (MI+BO) | |
| MAGGIO | | | | | | | |
| 5 | | SAMBAFIT (MI) | | | | METABOLIC FITNESS (MI+BO) | |
| 6 | | SAMBAFIT (MI) | | | | METABOLIC FITNESS (MI+BO) | |
| 19 | | | | | | OLISTIC WORKOUT (RM) | GYM BAR WORKOUT (RM) |
| 20 | | | | | | | |
| 26 | LIFE PUMP-COMBAT-YOGA AND PILATES-DANCE (NA) | | | | | | GYM BAR WORKOUT (MI) |
| 26 | LIFE PUMP-COMBAT (GE) | | | | | | |
| 27 | LIFE PUMP-COMBAT-YOGA AND PILATES-DANCE (RM) | | | | | | |
| 27 | LIFE PUMP-COMBAT-YOGA AND PILATES-DANCE (MI) | | | | | OLISTIC WORKOUT (MI) | |

14^a CONVENTION ALTOIMPATTO 1/2/3 GIUGNO 2012 (OLTRE 100 MASTER CLASS)